

AMIRALI ARBAB

FITNESS & SPORTS MODEL

1m85 - 92 kg - 83 cm (waist size)

EDUCATION

2021 - International Professional Coach Diploma (IFBB)

2011 - Professional Coach Diploma (IranBBF)

ACHIEVEMENTS

2024 - 2nd Place, Lille NPC - Regional

2023 - Champion, Colmar - Overall / Men's Physique / Men's Physique Master

2023 - Champion Lille NPC - Regional/ Overall

2023 - 2nd place, Lille NPC - Proqualifier

EXPERIENCE

SINCE 2011

FITNESS COACH

- Personalized coaching programs
- Fitness: strength, endurance, mobility
- Client monitoring: goals & progression
- Physical preparation: posture & movement

2024 - 2025

PROZIS AMBASSADOR

- Promotion of sports products
- Brand visibility and communication on social media

2024

FASHION MODEL FOR VRAI GARÇON

- Professional photo shoots and look-books
- Brand collaborations and campaigns

2018 - 2022

FITNESS & SPORTS MODEL

- Runway: Tehran Fashion Week
- Campaigns: international preparation
- Photo modeling: fitness & lifestyle
- Experience: runway and professional shootings

SKILLS

- Endurance
- Discipline
- Posture
- Posing
- Adaptability
- Expression
- Authenticity
- Professionalism

PROFIL

Athlete and fitness model, I bring the passion for sports to life through powerful imagery, blending performance, aesthetics, and authenticity.

CONTACT



Paris



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<https://www.arbab.fr>



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Permis B

INTERESTS

SPORTS :

- Bodybuilding
- Football

READING

PODCAST

TRAVEL:

- Dubaï
- Europe
- Iran
- Thaïlande
- Turquie

LANGUAGES :

- Persian : native
- English : C1
- French : B1

